

QAMH PRESENTS

ALTERING STATES

Evidence & Effect

2019

DAY 1: Thursday 7th November 2019*Communication for Change*

9:30am	Welcome to Country	
9:40am	Introduction and Welcome	QAMH CEO
9:55am	KEYNOTE 1 - FEARLESS WORDS: SPEAKING FROM THE HEART TO COUNTER STIGMA. Catherine McGregor will share her wisdom on using language to communicate complex concepts simply, influence perception and counter entrenched stigma.	Catherine McGregor AM
10:40am	Choir performance	Soul Song Choir
10:55am MORNING TEA		
11:15am	KEYNOTE 2 - USING FACTS AND FIGURES TO INFLUENCE CHANGE. Andrew Dempster will explain the key recommendations from the KPMG/ MHA report, Investing to Save, and how the sector can use it and other reports to influence policy and investment reform.	Andrew Dempster, Director of Health, Ageing and Human Services - KPMG. Co-author of the MHA report, Investing to Save: The Economic Benefits for Australia of Investment in Mental Health Reform
12:00pm LUNCH		
12:45pm	PANEL OF PEERS: ONE THING THAT WE WOULD CHANGE ABOUT THE SYSTEM. Lived experience peers, Cherie, Brooke, Ailsa and James will share their experiences of the mental health system and detail one thing that they would change about the system and why.	Cherie McGregor, Brooke Starr, Ailsa Rayner, and James Hill.
1:35pm CONCURRENT BREAKOUT SESSION		
	PANEL OF PEERS BREAKOUT SESSION Led by panelists	
OR	MINDFULNESS Velvet Eldred, Tropical Arts Association	
2:05pm	CHAMPIONING CHANGE	Mary Burgess, Public Advocate
2:45pm AFTERNOON TEA		
3:05pm	WRAP-UP BY PANEL: keynotes and panel participants' 3 minutes of wisdom for the community mental health sector.	Keynotes and panelists
3:50pm	SUMMING UP THE DAY	Facilitated by Madonna King
4:30-6pm WELCOME RECEPTION / NETWORKING		

CONFERENCE PROGRAM

NOVEMBER
7-8
CAIRNS





CONFERENCE PROGRAM

NOVEMBER
7-8
CAIRNS

QAMH PRESENTS

ALTERING STATES Evidence & Effect 2019

DAY 2: Friday 8th November 2019 Campaigning for Reform

9:00am	Welcome	QAMH CEO
9:05am	KEYNOTE 1 - CAMPAIGNING FOR CHANGE Carmel Tebbutt will speak about successful health and political campaigns. What worked and why? How should the mental health sector campaign for reform. And what are the three biggest issues.	Carmel Tebbutt
9:50am	MORNING TEA	
10:20am	PANEL OF SUCCESSFUL CAMPAIGNERS Bri Lee, Georgia Ash and Hetty Johnston have campaigned successfully on issues that are close to their hearts. They will share insights on how they ran their campaigns and secured support, to inspire collaboration to achieve change.	Bri Lee, Georgia Ash, Hetty Johnston.
11:05am	KEYNOTE 2 - FUTURE DIRECTIONS FOR THE MENTAL HEALTH SECTOR Professor McGorry will outline current challenges and future directions for the in-community mental health sector.	Professor Patrick McGorry AO
11:50am	LUNCH	
12:35pm	SECTOR BRIEFING AND WORKSHOP	QAMH and Bill Gye, CMHA
1:20pm	CONCURRENT SESSIONS (SECTOR INNOVATION)	
	COLLABORATIVE PROVIDERS: How to create partnerships that deliver for the community and sustain the sector. Karen Thomas, NEAMI and Gillian Yearsley, Northern Queensland PHN.	
	OR	EXCELLENCE FRAMEWORKS: Community Services Industry Alliance(CSIA)
1:40pm	CONCURRENT SESSIONS	
	THRIVE IN WORK - Mark Schmitt, Thrive in Work	
	OR	THE RECOVERY COLLEGE - MIND Australia
2:00pm	WRAP-UP BY PANEL: keynotes and panel participants' 3 minutes of wisdom for the community mental health sector.	Keynotes and panelists
2:45pm	SUMMING UP THE DAY	Facilitated Madonna King
3:15pm	DAY 2 CONCLUDES	