

QAMH PRESENTS

# ALTERING STATES

## Evidence & Effect

# 2019

**DAY 1: Thursday 7th November 2019***Communication for Change*

9:30am	Welcome to Country	
9:40am	Introduction and Welcome	QAMH CEO
9:55am	<b>KEYNOTE 1 - FEARLESS WORDS: SPEAKING FROM THE HEART TO COUNTER STIGMA</b> Catherine McGregor will share her wisdom on using language to communicate complex concepts simply, influence perception and counter entrenched stigma.	Catherine McGregor AM
10:40am	Choir performance	Soul Song Choir
<b>10:55am MORNING TEA</b>		
11:15am	<b>KEYNOTE 2 - USING FACTS AND FIGURES TO INFLUENCE CHANGE</b> Andrew Dempster will explain the key recommendations from the KPMG/ MHA report, <i>Investing to Save</i> , and how the sector can use it and other reports to influence policy and investment reform.	Andrew Dempster, Director of Health, Ageing and Human Services - KPMG. Co-author of the MHA report, <i>Investing to Save: The Economic Benefits for Australia of Investment in Mental Health Reform</i>
<b>12:00pm LUNCH</b>		
12:45pm	<b>PANEL OF PEERS: ONE THING THAT WE WOULD CHANGE ABOUT THE SYSTEM.</b> Lived experience peers, Cherie, Brooke, and Ailsa will share their experiences of the mental health system and detail one thing that they would change about the system and why.	Cherie McGregor, Brooke Starr, Ailsa Rayner
<b>1:35pm CONCURRENT BREAKOUT SESSION</b>		
	<b>PANEL OF PEERS BREAKOUT SESSION</b> Led by panelists	
OR	<b>MINDFULNESS</b> Velvet Eldred, Tropical Arts Association	
2:05pm	<b>CHAMPIONING CHANGE</b>	Mary Burgess, Public Advocate
<b>2:45pm AFTERNOON TEA</b>		
3:05pm	<b>WRAP-UP BY PANEL:</b> keynotes and panel participants' 3 minutes of wisdom for the community mental health sector.	Keynotes and panelists
3:50pm	<b>SUMMING UP THE DAY</b>	Facilitated by Madonna King
<b>4:30-6pm WELCOME RECEPTION / NETWORKING</b>		

# CONFERENCE PROGRAM

NOVEMBER  
7-8  
CAIRNS





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### DAY 2: Friday 8th November 2019 Campaigning for Reform

9:00am	Welcome	QAMH CEO
9:05am	<b>KEYNOTE 1 - CAMPAIGNING FOR CHANGE</b> Carmel Tebbutt will speak about successful health and political campaigns. What worked and why? How should the mental health sector campaign for reform. And what are the three biggest issues for 2018/2019.	Carmel Tebbutt, Mental Health Coordinating Council
9:50am	<b>MORNING TEA</b>	
10:20am	<b>PANEL OF SUCCESSFUL CAMPAIGNERS</b> Bri Lee, Georgia Ash and Hetty Johnston have campaigned successfully on issues that are close to their hearts. They will share insights on how they ran their campaigns and secured support, to inspire collaboration to achieve change.	Bri Lee, Georgia Ash, Hetty Johnston.
11:05am	<b>KEYNOTE 2 - FUTURE DIRECTIONS FOR THE MENTAL HEALTH SECTOR</b> Professor McGorry will outline current challenges and future directions for the in-community mental health sector.	Professor Patrick McGorry AO
11:50am	<b>LUNCH</b>	
12:35pm	<b>SECTOR BRIEFING AND WORKSHOP</b>	QAMH and Bill Gye, CMHA
1:20pm	<b>CONCURRENT SESSIONS (SECTOR INNOVATION)</b>	
	<b>COLLABORATIVE PROVIDERS:</b> How to create partnerships that deliver for the community and sustain the sector. Karen Thomas, NEAMI and Gillian Yearsley, Northern Queensland PHN.	
	OR	<b>EXCELLENCE FRAMEWORKS</b> - Beth Dwine, Community Services Industry Alliance(CSIA)
1:40pm	<b>CONCURRENT SESSIONS</b>	
	<b>THRIVE IN WORK</b> Mark Schmitt, Thrive in Work	
	OR	<b>THE RECOVERY COLLEGE</b> - MIND Australia
2:00pm	<b>WRAP-UP BY PANEL:</b> keynotes and panel participants' 3 minutes of wisdom for the community mental health sector.	Keynotes and panelists
2:45pm	<b>SUMMING UP THE DAY</b>	Facilitated by Madonna King
3:15pm	<b>AFTERNOON / NETWORKING / DAY 2 CONCLUDES</b>	